

# Terms of Reference (TOR)

## Self-Management Network

Last Updated: March 2016



### **Vision:**

Clinicians and managers from health, community and other sectors adopting the self-management approach, working collaboratively, and sharing information, knowledge, resources and experiences.

### **Purpose:**

The network provides opportunities for clinicians and their managers to share self-management practices, innovations and provide peer support for using the self-management approach. It also promotes the development of organisational support of self-management within HealthWest and Inner North West Primary Care Partnership member agencies.

### **Context:**

The network fits within the context of the following strategic plans and frameworks:

1. HealthWest and Inner North West Primary Care Partnership strategic plans (<http://healthwest.org.au/about-us/healthwest-strategic-plan/> / <http://inwpcp.org.au/about-inner-north-west-primary-care-partnership/strategic-plan/>)
2. Victorian PCP program logic (<http://www.health.vic.gov.au/pcps/about/prr.htm>)
3. Adoption of the Wagner Model of chronic care ([www.improvingchroniccare.org](http://www.improvingchroniccare.org))
4. Quality improvement frameworks, such as the National Safety and Quality Health Service (NSQHS) Standards (<http://www.safetyandquality.gov.au/our-work/national-standards-and-accreditation/>)

### **Meetings & participation:**

There are three (3) themed network meetings per year.

Participation is open to any clinician or manager interested in developing skills and knowledge of the self-management approach, working in a health and community organisations in the western and inner north western region of Melbourne.

Network meetings have a minimum capacity of 30 people and maximum capacity of 60 people. Participants can register for network meetings online at [www.healthwest.org.au](http://www.healthwest.org.au)

Network meetings are promoted via HealthWest's and Inner North West Primary Care Partnership's e-bulletins and through a distribution list maintained by HealthWest.

### **Governance:**

The network is governed and coordinated by a working group which meets quarterly to plan and evaluate the network meetings. HealthWest and Inner North West Primary Care Partnership oversee the network and provide administrative support.

### **Evaluation:**

A survey is conducted after each network meeting and reviewed by the working group. A yearly evaluation is also conducted by the working group and findings disseminated to the network and relevant management or executives.

### **More information:**

For more information about the network please visit:

<http://healthwest.org.au/events-and-networks/networks/western-self-management-network/>

